



Aecep Meeting
2019

Madrid, 7-9 | November 2019

Dear Friends and colleagues

Welcome to the IVth edition of our **AECEP International Meeting**.

As every year, we bring the best professors to share with us their knowledge. Our Meeting has become one of the best scientific events and we are proud that every year more and more colleagues attend it.

This year the event will be held in a new venue, bigger, more comfortable and located in the the heart of Madrid. We have organized topics that have not been addressed in former editions. The main aim of **AECEP** is the education and even though you maybe not do a given procedure, it is very helpful to know that they exist and there are very Good colleagues working on them and having excellent results.

As usual, we will focus on scientific discussions but we have asked our guests to bring technical videos, tip and tricks of their techniques.

We will ask for EACCME credits as usual.

Hope to see you in Madrid and contribute with your attendance to the excellence of our meeting and supporting **AECEP** as the main mark of distinction in aesthetic surgery in Spain and Europe.

Jesús Benito-Ruiz MD, President of AECEP

Queridos amigos y colegas

*Bienvenidos a la IV edición de nuestro **AECEP Meeting**.*

Como cada año traemos a los mejores profesores para compartir con nosotros sus conocimientos. Nuestra reunión se ha convertido en uno de los mejores eventos científicos y estamos orgullosos de que cada año haya más asistencia.

*Este año el evento se llevará a cabo en un nuevo lugar, más grande y cómodo y situado en el corazón de madrid. Hemos organizado temas que no han sido abordados en ediciones anteriores. El principal objetivo de **AECEP** es la educación y abordar todos aquellos temas relacionados con la Cirugía Estética.*

Como de costumbre, nos centraremos en la discusión científica, pero hemos solicitado a nuestros invitados que aporten videos técnicos, consejos y trucos de sus técnicas.

Pediremos los créditos EACCME como de costumbre.

*Espero verte en Madrid y contribuir con tu asistencia a la excelencia de nuestro encuentro y apoyo a **AECEP** como la principal marca de distinción en cirugía estética en España y Europa*

Dr. Jesús Benito-Ruiz, Presidente de la AECEP

International speakers



**Lázaro Cardenas-
Camarena MD**
Mexico F.D., Mexico



Fabián Cortiñas MD
Buenos Aires, Argentina



Patricia Erazo MD
Sao Paulo, Brazil



**Heather J. Furnas
MD, FACS**
California, USA



**Abdulkadir
Goskel MD**
Istambul, Turkey



Ruth Graf MD
Curitiba, Brazil



Maurice Nahabedian MD
Virginia, USA



John Yousif MD
Milwaukee, USA

Preliminary Program



Thursday

8.00-8.30 REGISTRATION

8.30 WELCOME | J. Benito-Ruiz MD

8.40-10.30 RHINOPLASTY | P. Arquero MD

- Functional rhinoplasty | F. Cortiñas MD
- Crooked nose tricks | A. Göksel MD
- Algorithms in rhinoplasty | R Vila Rovira MD
- Ultrasonic osteotomies | G. Sordo MD
- Keys for the treatment of the tip | P. Arquero MD
- The difficult dorsum | J.M. Palacin MD
- Discussion

10.30-11.00 Coffee break

11.00-11.30 MASTER CLASS RHINOPLASTY | A. Göksel MD

11.30-12.00 Video session Rhinoplasty | F. Gomez Bravo MD, P. Arquero MD, Palacin MD

12.30-13.30 AESTHETIC SURGERY IN TEENAGERS

- Breast Surgery | B. Berenguer MD
- Rhinoseptoplasties | B. Gonzalez Meli MD
- Legal aspects and ethics | M. Manzano MD
- Ginecomasty | C. Lorca Garcia MD

13.30-15.00 Lunch

15.00-17.00 AESTHETIC SURGERY IN TRANSGENDER

- Update in facial feminization | L. Capitán MD
- Management of complications | L. Capitán MD
- Facial Feminization | L. Cárdenas-Camarena MD
- Breast augmentation in trans-women | K. Kaye MD
- Female to male torsoplasty | J. Torres MD
- Refinements of external genitalia | J. Torres MD
- Enhancement of pelvis | J. Benito-Ruiz MD
- Discussion

17.00-17.30 Coffe break

17.30-17.45 Gender differences between male and female plastic surgeons | H. Furnas MD

17.45-19.30 **AESTHETIC SURGERY OF GENITALIA** | Manzano MD

- Vaginal Rejuvenation topics (Labiaplasty; vaginoplasty; comprehensive approach to vaginal rejuvenation) | H. Furnas MD
- Procedures in Male Genital Surgery | P.E. Sarmentero MD
- Laser for female genital rejuvenation | V. Martinez MD
- Gineco-aesthetics procedures: PRP, fillers | V. Martinez MD
- Aesthetic surgery of vulva, avoiding complications | E. Garcia Tutor MD
- Discussion

Friday

8.30-10.30 **ABDOMINOPLASTY**

- Abdominoplasty and Transverse Plication of the rectus fascia | J. Youcif MD
- Lipoabdominoplasty | L. Cárdenas-Camarena MD
- No-Drain abdominoplasty | H. Furnas MD
- Rectus Diastasis: Diagnosis and Management | M. Nahabedian MD
- Abdominoplasty: patient safety | F. Cortiñas MD
- Discussion

10.30-11.00 **Coffee break**

11.00-12.00 Round Table. **UMBILICUS: The forgotten** | J.M.Pico MD

12.00-13.30 **BODY CONTOURING** | M.P. Artigues MD

- Different options for buttock contouring | L. Cárdenas-Camarena MD
- Arms lipolifting with short axillary scar | P. Erazo MD
- Support, Bioestimulation and fillers | P. Erazo MD
- Thigh dermolipectomy | F. Cortiñas MD
- Discussion

13.30-15.00 **Lunch** (Assembly)

15.15-15.30 How to run your practice like a start-up company | H. Furnas MD

15.30-17.00 **MASTOPEXY**

- Overcoming the challenges of a single-stage breast augmentation-mastopexy | H.Furnas MD
- Mastopexy with implants | L. Cárdenas-Camarena MD
- Avoiding complications in mastopexy | L. Cárdenas-Camarena MD
- Mastopexy: Without implants, mesh, or fat | M. Nahabedian MD
- MAMOPLASTIA: tecnica em D reflejado | P. Erazo MD

17.00-17.30 **Coffee-break**

17.30-19.00 BREAST REDUCTION | B. Martinez-Santos MD

- Partial and Total Nipple Areolar Necrosis after reduction mammoplasty | M. Nahabedian
- Reduction mammoplasty in the challenging patient | M. Nahabedian MD

19.00-19.15 New technologies in breast implants | R. Graf MD

Saturday

9.00-10.30 Breast implants: the future | A. Redondo MD

10.30-11.00 Coffee break

11.00-11.30 Special technical details in subfascial breast augmentation | R. Graf MD

11.30-13.30 SECONDARY BREAST AUGMENTATION | F. Menendez Graiño MD

- Options for revision of implants | J.M. Palacin MD
- Revision augmentation using acellular dermal matrices | M. Nahabedian MD
- Management and prevention of dynamic breast | J. Benito-Ruiz MD
- Fat Grafting to Solve Side Effects in Secondary Revision Surgery or to Prevent Them in Primary Augmentation | M. Nahabedian MD
- Breast reconstruction with flap and fat after implants removal | R. Graf MD
- Implant rotation, NAC divergency, The role of pocket compliance | M. del Yerro MD

13.30-15.00 Lunch

15.00-16.30 FACIAL LIFTING AND REJUVENATION | F. Gomez Bravo MD

- Facial aging and the Midface lift..Long term results | J. Yousif MD
- Vector technique, pillars and liquid threads | P. Erazo MD
- Special tips in for cosmetic results in Facial surgery | J. Yousif MD
- Midface suspension through facelifting, blepharoplasty and endobrow | R. Graf MD

16.30-17.30 LIFTING VIDEOS

- 2 Hyoid Suspension Neck lift | J. Yousif MD
- Neck lift | O. Sozer MD
- Neck contouring | F. Gomez Bravo MD

Simultaneous interpretation

Simultaneous interpretation English-Spanish-English, will be provided in all sessions.

Habr  interpretaci n simult nea espa ol-ingl s-espa ol en todas las sesiones.

Registration fees

1 day registration

AECEP members

Before 9/1/19: **75€**
From 9/2 to 10/15/19: **75€**
After 10/16/19: **100€**

SECPRE Members and Members of the ISAPS Global Alliance

Before 9/1/19: **400€**
From 9/2 to 10/15/19: **500€**
After 10/16/19: **600€**

Residents of SECPRE and Members of the ISAPS Global Alliance

Before 9/1/19: **250€**
From 9/2 to 10/15/19: **275€**
After 10/16/19: **300€**

Other Societies

Before 9/1/19: **900€**
From 9/2 to 10/15/19: **1000€**
After 10/16/19: **1100€**

3 days registration

AECEP members

Before 9/1/19: **150€**
From 9/2 to 10/15/19: **150€**
After 10/16/19: **175€**

SECPRE Members and Members of the ISAPS Global Alliance

Before 9/1/19: **700€**
From 9/2 to 10/15/19: **800€**
After 10/16/19: **900€**

Residents of SECPRE and Members of the ISAPS Global Alliance

Before 9/1/19: **375€**
From 9/2 to 10/15/19: **425€**
After 10/16/19: **475€**

Other Societies

Before 9/1/19: **1300€**
From 9/2 to 10/15/19: **1400€**
After 10/16/19: **1500€**

Venue & Accommodation

The **Hotel Riu Plaza España**, located in the emblematic Edificio España on Madrid's Gran Vía, has 26 floors with a wide range of facilities to make your stay a memorable experience. This hotel on the Gran Vía offers free WiFi throughout the hotel, a Sky Bar with breathtaking views of the city and conference rooms for holding your best events.

El Hotel Riu Plaza España, ubicado en el emblemático Edificio España en la Gran Vía de Madrid, cuenta con 26 plantas con una gran variedad de instalaciones para hacer de tu estancia una experiencia inolvidable. Este hotel en Gran Vía te ofrece WiFi gratis en todo el hotel, un Sky Bar con preciosas vistas a la ciudad y salas de conferencias para celebrar tus mejores eventos.



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